

# Grow a Garden



Your **Chilli and Veggie Seeds** plus farm training provide healthy food for families and another source of income ... so families are stronger when floods, drought or storms strike.



*Your Gift of Grace delivered in:*

North and West Sumatra and Riau Islands Province, Indonesia



<b>What you give</b>	<ul style="list-style-type: none"><li>• Chilli &amp; veggie seeds</li><li>• Training in climate-smart farming, including:<ul style="list-style-type: none"><li>◦ soil preparation</li><li>◦ composting</li><li>◦ pest control</li></ul></li></ul>
<b>Why your gift is needed</b>	<ul style="list-style-type: none"><li>• Local communities report the changing climate is increasing the frequency and impact of natural disasters</li><li>• Their main source of income is farming, fishing, livestock, and small business</li><li>• These livelihoods are easily destroyed when natural disasters strike</li><li>• Communities are not well-prepared for disaster</li></ul>
<b>How your gift helps</b>	<ul style="list-style-type: none"><li>• Your Seeds plus training means better productivity and reliability of crops, better food security, chance to earn income, better well-being ...</li><li>• PLUS the environment is protected</li></ul>
<b>Your gift delivered by...</b>	Centre for Disaster Risk Management and Community Development Studies (CDRM&CDS)

*“Our chillies and vegetables grow abundantly! I use some for home, and I also sell them to residents in the village. They love buying my vegetables and chillies.*

*Thank you to the Australians who support us. God bless you!”*

Rosina Sirikole, Indonesia





## CASE STUDY

# Rosina's story: "Thank you for being patient with us"

**Rosina is one of the people you support with chilli and veggie seeds, plus training in climate-smart farming.**

**"In the beginning, I started growing vegetables and chillies in my yard.**

My goal was just to grow enough for my family to reduce our expenses. While planting chillies in my yard, I gained a lot of knowledge and skills.

**With support from CDRM&CDS (ALWS' local partner), I learned to cultivate the soil for vegetables and chillies to grow well.**

I also learnt about making compost and how to prevent disease in plants. My vegetables and chillies grew well and we harvested enough for our daily needs.

**After this, my husband and I became more confident to grow our chilli and vegetable farming.**

Now, we grow them in the fields, alongside bananas. We increase our source of income from all these crops.

Our chillies and vegetables grow abundantly!

I use some for home, and I also sell them to residents in the village. They love buying my vegetables and chillies.

I earn extra money from this - around 300,000 rupees a month (\$28). I save this extra money.

**I feel happy I participated in the training.**

I became enthusiastic about following it, taking part in group activities, saving money, and joining in meetings.

**I gained a lot of experience and knowledge that changed my family's lives.**

Before the training, I didn't know how to grow vegetables or chillies. I just farmed rice, bananas and taro.

We didn't know about using compost. The rice harvest was also small, and not enough to last until next season.

**My dream is to continue developing my chilli and vegetable farm. I hope to sell my chillies and vegetables further afield, not just in the village.**

If this goes well, then our family income will increase. Our lives will get better. May God hear our prayers.

I am grateful to CDRM&CDS for being patient in encouraging, educating, and supporting us.

**Thank you also to donors and the Australians who support us. God bless you!"**