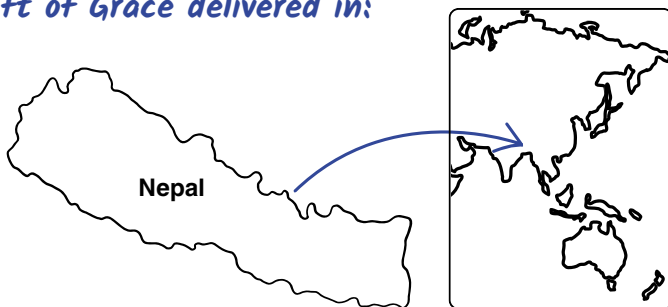


Train a Tailor



Your gift supports a marginalised woman in Nepal to start a **Tailoring Business** so she can earn an income to support her family.

Your Gift of Grace delivered in:
Nepal



What you give	Tailoring Training
Why your help is needed	<ul style="list-style-type: none"> • Traditional belief in Nepal: men should be primary earners • This means lack of opportunities for women to learn skills, plus women forced to be dependent on husbands • Women and girls also disadvantaged by traditional practices like the dowry system, early marriage, son-preference, stigmatisation of widows, family violence, polygamy, and the segregation of women and girls during menstruation • Women's opportunities limited even further when they are part of marginalised communities, including Dalit, indigenous, landless, and ethnic minorities (the communities you care for through ALWS)
How your gift changes lives	Your Tailoring training can kickstart a new business for a woman ...so she can earn income to support her family ...and inspire other women to do the same
Your gift delivered by...	LWF Nepal, together with local partners



“Don't let anyone tell you what you can or cannot do. Believe in yourself and keep pushing forward. We all have the power to change our lives. We just have to take the first step.”

Nilam Tharu, Nepal



CASE STUDY

From struggle to stability through your threads!

“My name is Hira Tharu.

My husband and I used to work in a brick kiln. On top of that, we relied on sharecropping during the monsoon season to make ends meet.

Life was a constant struggle.

However, everything changed when I received 8,500 rupees (\$94) through the project here.

I used it to purchase a sewing machine.

Along with this, I joined training on business planning and proposal writing. These skills equipped me to start my own tailoring business.

Today, I earn between 15,000 to 20,000 rupees per month (\$170-220) from my sewing business. My husband supports our family by repairing bicycles.

My family no longer face the hardship we once did. I am proud I can now provide for my children, and ensure they receive a good education.”

All photos: LWF Nepal/Dipendra Lamsal

How your gift grows

The great thing about your gift is it keeps on giving for many years!



Through ALWS, you support people to **keep on growing**. Along with your tailor training, you also empower women in Nepal with other ways to make a living, like weaving, spice production, and chicken-raising.



With your support, people make **their own decisions** about the development in their community. They have responsibility for the activities, and grow the confidence needed to become self-sufficient.



Your support **empowers people to claim their rights** from government. At the same time, you help equip those in power, so they can meet their obligations.